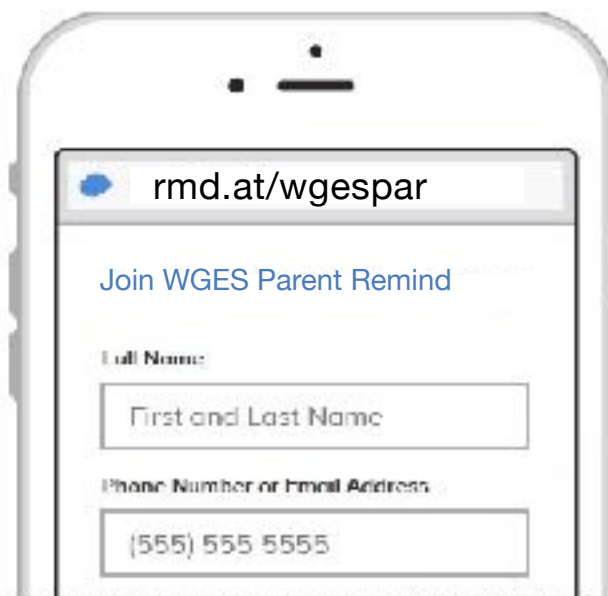


A If you have a smartphone, get push notifications.

On your iPhone or Android phone, open your web browser and go to the following link:

rmd.at/wgespar

Follow the instructions to sign up for Remind. You'll be prompted to download the mobile app.



B If you don't have a smartphone, get text notifications.

Text the message [@wgespar](https://www.instagram.com/wgespar) to the number **81010**



Don't have a mobile phone? Go to rmd.at/wgespar on a desktop computer to sign up for email notifications